

Learning Intention	Theme	PSHE Education (Developed from National Framework DfEE 2000)	Emotional Literacy/Social Skills (Developed from SEAL - Social and Emotional Aspects of Learning DfES 2004)
<b>Understand that everyone is unique and special</b>	<b>Life cycles</b>	I am starting to understand the life cycles of animals and humans	I understand that changes happen as we grow and that this is OK
<b>Can express how they feel when change happens</b>	<b>Changing Me</b>	I can tell you some things about me that have changed and some things about me that have stayed the same	I know that changes are OK and that sometimes they will happen whether I want them to or not
<b>Understand and respect the changes that they see in themselves</b>	<b>My Changing Body</b>	I can tell you how my body has changed since I was a baby	I understand that growing up is natural and that everybody grows at different rates
<b>Understand and respect the changes that they see in other people</b>	<b>Boys' and Girls' Bodies</b>	I can identify the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles, vagina	I respect my body and understand which parts are private
<b>Know who to ask for help if they are worried about change</b>	<b>Learning and Growing</b>	I understand that every time I learn something new I change a little bit	I enjoy learning new things
<b>Are looking forward to change</b>	<b>Coping with Changes</b>	I can tell you about changes that have happened in my life	I know some ways to cope with changes